






Breakfast and Lunch Menu Spring 2018

	Monday 23-Jul	Tuesday 24-Jul	Wednesday 25-Jul	Thursday 26-Jul	Friday 27-Jul	Saturday 28-Jul	Sunday 29-Jul
	Scrambled Eggs Pork Bacon Turkey Sausage Buttermilk Pancakes Tater Tots Boiled Eggs Oatmeal/Grits Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Patties Raisin Bread French Toast Baked Hash Brown Patty Boiled Eggs Oatmeal/Grits Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Corn Beef Hash Turkey Sausage Patties French Toast Home Fries Boiled Eggs Oatmeal/Grits Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Blueberry Pancakes Tater Tots Boiled Eggs Oatmeal/Grits Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Pork Sausage Links French Toast Hash Brown Patty Boiled Eggs Oatmeal/Grits Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Corned Beef Hash Biscuits Home Fries Oatmeal Grits Boiled Eggs Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Links Biscuits Tater Tots Oatmeal Grits Boiled Eggs Belgian Waffle Bar with Fruit Toppings
	Ultimate Pasta Diced Chicken Or Tofu Slice Red Pepper Sliced Mushroom Spinach Creamy Cheese Sauce	Thai Coconut Lime Shrimp Roasted Shrimp Mushrooms Sliced Onion Diced Mango White Rice	Fried Chicken Braised Collard Greens Black Eye pea Macaroni and Cheese Corn Bread Herb Roasted Chicken	Taco Bar Shred Beef Or Tofu Sour Cream, Diced Tomato Onion, Cilantro Tortillas Shell Rice and Bean	Carving Station Cajun Pork Loin Roasted Cajun Potato Lemon Pepper Broccoli Cheese Dinner Roll		
	BLT	Roasted Beef Sandwich	Tuna Bacon Wrap	Chicken Salad	Veggie Melt		
<i>Main Plate</i>	Stuffed Salmon Rice Pilaf Mixed Vegetable Roasted Carrots Tomato & Mushroom Stew	Caribbean Beef Roasted Potato Vegetable Medley Roasted Corn Pasta Primavera	Fried Chicken Braised Collard Greens Black Eye pea Macaroni and Cheese Corn Bread Herb Roasted Chicken	Sweet Soy Pork Tips Jasmine Rice Grilled Yellow Squash Mixed Vegetable Zucchini Tomato Casserole	Fried Fish Baby Carrots Braised Cabbage Red bean Rice Hushpuppies Lemon Pepper Fish	Cajun Beef Pasta Garlic Green Bean Rice & Tofu	Fried Pork Chop W Gravy Herb Rice Roasted Vegetable Black Bean Skillet
	Cheese & Bacon Cheese Pizza Pepperoni Pizza	Beef Philly Pizza Cheese Pizza Pepperoni Pizza	Meat lover Pizza Blueberry Pizza Pepperoni Pizza	Veggie Pizza Cheese Pizza Pepperoni Pizza	Caramelizes Onion & Spinach Cheese pizza Pepperoni Pizza	White And Gold Pizza Cheese Pizza Pepperoni Pizza	Spicy Taco Pizza Cheese Pizza Pepperoni Pizza
	Vegetable Quesadilla Taco Bar French Fries	Black Bean Burger Shredded BBQ Beef Quesadilla French Fries	Grilled Cheese Spicy Grilled Tilapia Roasted Potato	Vegetable Patty Melt Hand Made Swiss Burger French Fries	Vegan Burger Chicken Slide Roasted Potatoes	French Toast Sloppy Jones French Fries	Black Bean Burger Strawberries Pancake Tater Tots
	Carrots Salad Broccoli Salad	Turkey Bacon Salad Italian Salad	Potato Salad Grilled Vegetable Salad	Spinach Orange Salads Israeli Salad	Cole Salad Cole Slaw	Tuna salad Greek Salad	Chicken Salad Chickpea & Artichoke Salad
	Chicken Chowder Vegetable Barley	Rosemary & Potato Shrimp Gumbo	Vegetable Rice Sweet Potato Black Bean Chili	Tomato Basil French Onion	Spinach Florentine Beef & Rice	Cauliflower White Cheddar Soup	Broccoli Cheese

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item
 Denotes Vegan Item
 Denotes Gluten-Free Item