

# Week 10 Breakfast and Lunch Spring 2019



	Monday 3/4/2019	Tuesday 3/5/2019	Wednesday 3/6/2019	Thursday 3/7/2019	Friday 3/8/2019	Saturday 3/9/2019	Sunday 3/10/2019
	Scrambled Eggs Pork Sausage Links Turkey Sausage Patty Chocolate Pancake Hash Brown Hard Boiled Eggs Grits/Oatmeal Omelets to Order  Belgian Waffle, Fruit Toppings	Scrambled Eggs Bacon Turkey Sausage Links French Toast Hash Brown Hard Boiled Eggs Grits/Oatmeal Omelets to Order  Belgian Waffle, Fruit Toppings	Scrambled Eggs Pork Sausage Patty Turkey Bacon Honey Pancake Hash Brown Hard Boiled Eggs Grits/Oatmeal Omelets to Order  Belgian Waffle, Fruit Toppings	Scrambled Eggs Pork Sausage Link Turkey Sausage Patty Blueberry French Toast Hash Brown Hard Boiled Eggs Grits/Oatmeal Omelets to Order  Belgian Waffle, Fruit Toppings	Scrambled Eggs Bacon Turkey Sausage Links Buttermilk Pancake Hash Brown Hard Boiled Eggs Grits/Oatmeal Omelets to Order  Belgian Waffle, Fruit Toppings	Scrambled Eggs Pork Sausage Patty Turkey Bacon Biscuits Hash Brown Hard Boiled Eggs Grits/Oatmeal  Belgian Waffle, Fruit Toppings	Scrambled Eggs Pork Sausage Link Turkey Sausage Patty Biscuits Hash Brown Hard Boiled Eggs Grits/Oatmeal  Belgian Waffle, Fruit Toppings
	Mongolian Beef Sliced Beef, Pea Shoots, Carrots Green Onion, Snow Peas, Mushrooms Ginger, Garlic, Rice Noodle Sweet Chili Sauce, Teriyaki	Creole Chicken Chop Chicken, Mixed Greens, Tomato Roasted Corn, Cajun Coleslaw Roasted Peppers, Cheddar Cheese Scallions, Jalapenos	Fried Chicken Braised Collard Greens Black Eye Peas Macaroni and Cheese Cajun Chicken Corn Bread	Pasta Prima Italian Sausage, Sundried Tomato Spinach, Artichoke, Black Olives  Rotini Noodles Alfredo, Marinara Sauce	Szechuan Chicken Soy Chicken, Bell Pepper Onions, Carrots, Sesame  Chili Garlic Sauce Jasmine Rice		
	Meatball Sub	Muffaletta Sub	Grilled Veggie wrap	Roasted Beef Sandwich	Turkey Melt		
	Sautéed Chicken Thigh w/ Lemon Caper Cream Sauce Herb Rice Pilaf Grilled Zucchini Baked Yellow Squash w/ Cheese	Grilled Andouille w/ Onions & Peppers Dirty Rice Red Beans Steamed Broccoli	Fried Chicken Braised Collard Greens Black Eye Peas Macaroni and Cheese Cajun Chicken Corn Bread	Picadillo Yellow Rice Black Beans Fried Plantains	Fried Fish Baby Carrots Cream spinach Roasted Wedge Potato Creole Fish	Herb Roasted Chicken w/ Gravy Rice Pilaf Vegetable Medley	Honey Glazed Baked Ham Fried Wedge Sweet Potatoes Buttered Broccoli
	Cheese Pizza Pepperoni Pizza Vegetable Pizza Bacon, Cheddar & Fresh Tomato Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza Cajun Crawfish Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza Antipasta Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza Mac n' Cheese Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza Hawaiian Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza
	Spinach & Mushroom Quesadilla Grilled Ham & Cheese Sweet Potato Fries	Black Bean Burger Shrimp Po Boy French Fries	Veggie Burger Quesadilla Sweet Waffle Fries	Grilled Cheese Blackened Chicken Slider Onion Ring	Black Bean Burger Beef Soft Tacos Fried Tostones	Blueberry Pancakes Cheeseburger French Fries	Caramel French Toast Chicken Nuggets Sweet Potato Fries
	Vegetable Couscous Salad Italian Pasta salad	Asian Salad Southwester Quinoa Salad	Mexican Salad Potato Salad	Cauliflower Salad Shrimp Salad	Basque Salad Cole Slaw	Tuna Salad	Zesty Cucumber & Tomato Salad
	Vegetable Soup Cream Tomato Soup	Turkey Gumbo Soup Corn Chowder Soup	Chicken Minestrone Soup Cheesy Asparagus Soup	Vegetable Bean Soup Cauliflower & Rice Soup	Red Bean Soup Potato Soup	Grits Oatmeal	Grits Oatmeal
	Zucchini & Squash Casserole	Rosemary Roasted Potato & Vegetable Medley		Cuban Skillet		Vegetable Rice	Zucchini, Red Pepper & Broccoli Medley w/ Sweet Potatoes