

	Monday 11-Mar	Tuesday 12-Mar	Wednesday 13-Mar	Thursday 14-Mar	Friday 15-Mar	Saturday 16-Mar	Sunday 17-Mar
	Scrambled Eggs (CF) Pork Bacon (CF) Turkey Sausage (CF) V Honey French Toast V Breakfast Potatoes (CF) V Hard Boiled Eggs (CF) V Oatmeal/Grits (CF) Omelets to Order (CF) V Belgian Waffle, Fruit Toppings	Scrambled Eggs (CF) Turkey Sausage (CF) Pork Sausage Links (CF) V Cinnamon Pancakes V Hash Brown Patty (CF) V Hard Boiled Eggs (CF) V Oatmeal/Grits (CF) Omelets to Order (CF) V Belgian Waffle, Fruit Toppings	Scrambled Eggs (CF) Turkey Bacon (CF) Corn Beef Hash (CF) V Blueberry French Toast V Home Fries (CF) V Hard Boiled Eggs (CF) V Oatmeal/Grits (CF) Omelets to Order (CF) V Belgian Waffle, Fruit Toppings	Ham & Cheese Quiche (CF) Pork Sausage Link (CF) Turkey Sausage Patties (CF) V Banana Pancakes V Tater Tots (CF) V Hard Boiled Eggs (CF) V Oatmeal/Grits (CF) Omelets to Order (CF) V Belgian Waffle, Fruit Toppings	Scrambled Eggs (CF) Turkey Bacon (CF) Pork Sausage Links (CF) V French Toast V Potato Casserole (CF) V Hard Boiled Eggs (CF) V Oatmeal/Grits (CF) Omelets to Order (CF) V Belgian Waffle, Fruit Toppings	Scrambled Eggs (CF) Pork Bacon (CF) Corned Beef Hash (CF) V Biscuits V Home Fries (CF) V Hard Boiled Eggs (CF) V Grits (CF) V Oatmeal (CF) V Belgian Waffle, Fruit Toppings	Scrambled Eggs (CF) Turkey Bacon (CF) Sausage Links (CF) V Biscuits V Hash Brown Patties (CF) V Hard Boiled Eggs (CF) V Grits (CF) V Oatmeal (CF) V Belgian Waffle, Fruit Toppings
	Sweet & Sour Pork (CF) Garlic, Ginger, Broccoli (CF) Carrots, Bell Peppers (CF) Scallions, White Rice (CF) Sweet & Sour Sauce (CF)	Taco Tuesday Taco Beef with Scallions (CF) Tomato, Lettuce, Cheese (CF) black olives, Sour Cream, Salsa and Jalapenos (CF) Hard or Soft Shell (CF)	Fried Chicken (CF) V Braised Collard Greens (CF) V Black Eye Peas (CF) Macaroni and Cheese (CF) Teriyaki Chicken (CF) Corn Bread (CF)	Italian Sausage Ravioli (CF) Spinach & Sundried Tomato (CF) Roasted Garlic, Bell Peppers (CF) Alfredo or Marinara Sauce (CF) Garlic Bread Sticks (CF)	Honey Garlic Chicken (CF) Scallion, Red Bell Pepper (CF) Baby Corn, Bamboo Shoots (CF) Lo Mein Noodles (CF)		
	Baked Chicken Sub	Italian Sub	Buffalo Shrimp Wrap	Cobb Salad Wrap (CF)	V Roasted Veggie Sub		
	Chicken Parmesan (CF) Penne with Marinara (CF) V Roasted Asparagus (CF) V Vegetable Medley (CF) Garlic Bread (CF)	Pork Chicharrones (CF) Spanish Rice (CF) Pasole (CF) Mexican Veggie Medley (CF)	Fried Chicken (CF) V Braised Collard Greens (CF) V Black Eye Peas (CF) V Macaroni and Cheese (CF) Herb Baked Chicken (CF) Corn Bread (CF)	Sliced Roast Beef w/ Aus Jus (CF) Rosemary Roasted Potatoes (CF) V California Style Veggies (CF) V Sautéed Corn & Peppers (CF)	Fried Fish (CF) V Baby Carrots (CF) V Cream spinach (CF) V Cajun Rice (CF) Creole Fish (CF)	Herb Baked Chicken (CF) V Rice Pilaf & Gravy (CF) V Veggie Medley (CF) V Baby Carrots (CF)	Glazed Baked Ham (CF) V Roasted Sweet Potatoes (CF) V Green Beans (CF) Dinner Roll (CF)
	V Vegetable Baked Spaghetti	V Vegetarian Pasole	V Hoppin Jon (CF)	V Herb Roasted Vegetable Hash (CF)	V Vegetarian Lasagna	V Creamy Veggie Rice	V Spinach & Garlic Potato (CF)
	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) V Spinach & Garlic (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Crunchy Tortilla Shrimp (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Meat Lovers (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Greek Gyro (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Jamaican Jerk (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)	V Cheese Pizza (CF) V Pepperoni Pizza (CF) V Vegetable Pizza (CF) Gluten Free Crust & Vegan Cheese Available upon request (CF)
	V Veggie Burger (CF) Sloppy Joes (CF) Curly Fries (CF)	V Mushroom, Spinach & Swiss Melt (CF) Chicken Fajitas w/ Ranchero (CF) V Fried Maduros (CF)	V Black Bean Burger (CF) Grilled Spiced Tilapia (CF) V Sweet Potato Fries (CF)	V Veggie Quesadilla (CF) Grilled Turkey Burger (CF) V House Chips (CF)	V Veggie Burger (CF) Cheese Burger (CF) V French Fries (CF)	Breakfast Sandwich (CF) Sausage Quesadilla (CF) V Sweet Potato Fritters (CF)	V French Toast (CF) Chicken Tenders (CF) Waffle Fries (CF)
	V Mexican Bean Salad (CF) V Cucumber & Zucchini Salad (CF)	V Thai Noodle Salad (CF) V Black Bean & Roasted Corn (CF)	V Potato Salad (CF) Italian Pasta (CF)	V Tomato & Onion Vinaigrette (CF) V Broccoli Salad (CF)	V Tortellini Salad (CF) V Cole Slaw (CF)	V Summer Veggie Pasta (CF) Tuna Salad (CF)	V Barley & Black Bean (CF) Turkey Salad (CF)
	V Vegetable & Rice (CF) Seafood Chowder (CF)	Italian Wedding Soup (CF) Cheesy Ham Potato Soup (CF)	Chicken Noodle (CF) V Hearty Veggie (CF)	V Creamy Chicken (CF) V Kale, White Bean & Tomato (CF)	Balsamic Beef & Potato (CF) V Cheese Grits (CF)	V Broccoli & Cheese (CF) V Grits (CF)	Spinach & Meatball Beef & Barley (CF)

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

V Denotes Vegetarian Item  
 V Denotes Vegan Item  
 CF Denotes Gluten-Free Item