










	Monday 7-Jan	Tuesday 8-Jan	Wednesday 9-Jan	Thursday 10-Jan	Friday 11-Jan	Saturday 12-Jan	Sunday 13-Jan
	Scrambled Eggs (GF) Pork Bacon Turkey Sausage (GF) Buttermilk Pancake (V) Hash Brown (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Omelets to Order (GF) Belgian Waffle, Fruit Toppings	Cheese & Potato Quiche Turkey Sausage Corn Beef Hash French Toast (V) Potatoes O'Brien (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Omelets to Order (GF) Belgian Waffle, Fruit Toppings	Scrambled Eggs (GF) Chicken Bacon Pork Sausage Patties Banana Pancakes (V) Tater Tots (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Omelets to Order (GF) Belgian Waffle, Fruit Toppings	Loaded Scrambled Eggs Pork Sausage Link Turkey Sausage Patties (GF) Caramelized Apple French Toast (V) Home Fries (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Omelets to Order (GF) Belgian Waffle, Fruit Toppings	Scrambled Eggs (GF) Chicken Bacon (GF) Pork Sausage Links Lemon-Blueberry Pancake (V) Hash Brown (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Omelets to Order (GF) Belgian Waffle, Fruit Toppings	Egg Casseroles Pork Bacon (GF) Corned Beef Hash Biscuits (V) Tater Tots (GF) Hard Boiled Eggs (GF) Oatmeal/Grits (V) Oatmeal (V) Belgian Waffle, Fruit Toppings	Scrambled Eggs (GF) Turkey Bacon (GF) Sausage Links Biscuits (V) Potato O'Brien (GF) Hard Boiled Eggs (GF) Grits (V) Oatmeal (V) Belgian Waffle, Fruit Toppings
	Cuban Fried Rice Diced Pork Or Black Bean Crumb (V) Slice Pepper & Onion Green Chillies Diced Pineapple White Rice	Mexico Potato Bowl (GF) Chopped Chicken Or Shrimp Black Bean, Grilled Corn Slice Pepper & Onion Sour Cream, Diced Tomato Roasted Potato	Fried Chicken Braised Collard Greens (V) Black Eye Peas (V) Macaroni and Cheese Teriyaki Chicken Corn Bread	Cheesy Taco Pasta Ground Beef Or Tofu (V) Sliced Mixed Pepper Salsa, Cheese Sauce Cheese Sauce Shell Pasta	Bayou Pork Grilled Pork Or Tofu (V) Diced Onion, Pepper Diced Tomato, Mushroom Brown Rice		
	Turkey Cuban Sandwich	Vegetable Wrap (GF)	Shrimp&Crab Wrap	Italian Wrap (GF)	Sweet Chicken Wrap (GF)		
	Mojo Roasted Salmon Filet (GF) Cuban Risotto Roasted Red Beets (GF) Grilled Eggplant (GF)	Beef Lo Mein Lo Mein Noodle (V) Mixed Veggie (GF) Sautéed Asparagus (GF) Egg Roll	Fried Chicken Braised Collard Greens (GF) Black Eye Peas (GF) Macaroni and Cheese (V) Teriyaki Chicken Corn Bread	Roasted Stuff Pork Loin (GF) Creole Mashed Potato (GF) Steamed Cabbage (GF) Corn on the Cob (GF)	Fried Fish Baby Carrots (GF) Cream spinach (V) Cajun Rice (V) Creole Fish	Roasted Beef & Gravy Creamy Mashed Potato (GF) Turnips Green (GF)	Shimp Jambalaya White Rice (V) Roasted Vegetable (GF)
	Vegan Meatloaf (V)	Curryd Rice W Black Crumbles Burger	Portobello Pot Roast (GF)	Vegan Ziti W Meatball (V)	Black Bean Stir Fry (GF)	Chickpea Coconut W/ Rice (V)	CreamySpinach&Sweet Potato Sauce W Pasta (V)
	Naan Bread Pizza Cheese Pizza (V) Pepperoni Pizza Gluten Free Crust & Vegan Cheese Available upon request (V)	Beef Taco (V) Cheese Pizza (V) Pepperoni Pizza Four Cheese Pasta (V) Gluten Free Crust & Vegan Cheese Available upon request (V)	Sweet Pepper Pizza (V) Cheese Pizza (V) Pepperoni Pizza Gluten Free Crust & Vegan Cheese Available upon request (V)	Meat Lover Square (V) Cheese Pizza (V) Pepperoni Pizza Orzo Beef Pasta Gluten Free Crust & Vegan Cheese Available upon request (V)	Shrimp Calzone (V) Cheese Pizza (V) Pepperoni Pizza Gluten Free Crust & Vegan Cheese Available upon request (V)	Veggie Pizza (V) Cheese Pizza (V) Pepperoni Pizza Gluten Free Crust & Vegan Cheese Available upon request (V)	Sausage & Chicken (V) Cheese Pizza (V) Pepperoni Pizza Gluten Free Crust & Vegan Cheese Available upon request (V)
	Veggie Quesadilla (V) Cuban Burger Cuban Fries	Black Bean Burger (V) Corn Dog Roasted Potato (GF)	Veggie Slider (V) Cilantro Lime Grilled Shrimp Steamed Brown Rice (V)	Black Bean Burger (V) Honey Mustard Burger Slider Steak Fries (GF)	Veggie Pasta (V) Spicy Chicken Sandwich French Fries (GF)	French Toast (V) Cheese Quesadillas (V) French Fries (V)	Breakfast Sandwich Chicken Bite French Fries (V)
	Chicken Pasta Salad Harvest Salad (V)	Grilled Veggie Salad (GF) Macaroni Salad (V)	Potato Salad (V) Tuna Salad	Barley Salad (V) Israeli Salad (V)	Cole Slaw (V) Corn Salad (GF)	Roasted Corn Salad (GF) Tuna Salad	Hawaiian Cole Slaw (V) Greek Salad (V)
	Southwest Soup (V) Cuban Lentil Soup	Wedding Soup Cheesy Ham Potato Soup	Chicken Noodle Italian Sausage Soup	Creamy Potato Soup With Kale & Sausage (V) Hearty Vegetable (V)	Spicy Vegetarian Soup (V) Cheese Grits (V)	Cream of Broccoli (V)	Beefy Nacho Soup

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

(V) Denotes Vegetarian Item
(V) Denotes Vegan Item
(GF) Denotes Gluten-Free Item