

Week 3 Dinner Menu 2019

	Monday 14-Jan	Tuesday 15-Jan	Wednesday 16-Jan	Thursday 17-Jan	Friday 18-Jan	Saturday 19-Jan	Sunday 20-Jan
<b>BRAVO!</b>	<b>Hot &amp; Spicy Food</b> Roasted Shrimp Or Tofu Diced Tomato, Broccoli Diced Onion, Green Chillies Spicy Curry Sauce White Rice	<b>Chicken Spaghetti</b> Sliced Chicken, Tofu Diced Pepper & Onion Chopped Basil Cheese Sauce	<b>Caritas Taco</b> Shredded Pork Or Beef Salas, Sour cream Shredded Cheese, Diced Tomato Mexican Slaw Chipotle Mayo	<b>Potato Bar</b> Cheddar Chees, Butter Sour Cream, Bacon Shredded Chicken or Chili Green onion	<b>Spicy Pasta</b> Roasted Shrimp Or Tofu Mushroom, Diced Tomato Spicy Tomato Sauce Garlic Bread		
<b>MARKET ST. DELI</b>	Ultimate Sub	Create Your Own Wrap	Chicken Salad on Ciabatta	Mediterranean Veggie Wrap	Toasted Ham Cheese		
<i>Main Plate</i>	Grilled Sweet & Sour Beef Tip Rice Pilaf Butter Green Bean & Carrots Key Biscayne Vegetable	Grilled Pork Steak Roasted Sweet Potato Sautee Yellow Squash Garlic Asparagus	Country Fried Steak Three Cheese Mashed Potato Sweet Butter Green Peas Mixed Veggie	Bourbon Chicken Pot Pie Carrots & Rice Southwest Vegetable Broccoli & Shallots	Hand Made Lasagna Ratatouille Steamed Cauliflower Cheesy Garlic Roll	Baked Spaghetti Garlic Roasted Vegetable Steamed Cabbage Garlic Bread	Meatloaf W Gravy Mashed Potato Green Bean Cauliflower
<b>Live Well</b>	Cauliflower Mac and Cheese	General Tao's Garbanzo	Curried Sweet Potato With Lentil	Sautéed Parsnip & Carrots	Chickpea, Tomato Spinach Stew	Vegetarian Shepherds Pie	Gnocchi With Mushroom
<b>VILLA TOSCANA</b>	Italian Flag Pizza Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Cheese Calzone Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Tomato Baguette Pizza Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Loaded Pizza Roll Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Buffalo Chicken Pizza Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Bacon Cheese Stick Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request	Meat Lover Cheese Pizza Pepperoni Pizza Vegan Cheese and Gluten Free Crust Available upon Request
<b>I. CLARK'S GRILLE</b>	Black Bean Burger Tex-Mex Burger French Fries	Veggie Burger Chili Garlic Chicken Tender French Fries	Grilled Cheese BBQ Turkey Slider Boston Baked Bean	Vegetable Quesadillas Hand Made Hamburger Roasted Potato	Black Bean Burger Chorizo Slider Red Bean Rice	Veggie Burger Corn dog Onion Ring	Grilled Cheese Grilled Kielbasa Sausage French fries
<b>Green Scene</b>	Pasta Salad w Spinach Artichoke Salad	Kale Salad Macaroni Salad	Red Potato Salad Teriyaki Shrimp Salad	Tofu Rice Salad Broccoli Salad	Chef Salad Cole Slaw	Roasted Corn Salad Tuna Salad	Hawaiian Cole Slaw Greek Salad
<b>duJour</b>	Cream of Broccoli Hearty Vegetable Soup	Spicy Chicken Soup Garden Minestrone	Vegetarian Moroccan Stew Red Bean Chowder	Tomato Soup w Avocado Tuscan Vegetable Soup	Quinoa Vegetable Soup Loaded Baked Potato	Cream of Broccoli	Cream of broccoli

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item